Getting only SOME attributes (equiv. of projection)

Query: all Sailors with rating above 7

$$\{S \mid S \in \text{Sailors} \wedge S.\text{rating} > 7\ \}$$

What if don't want all attributes?

Query: the names and ages of all Sailors with ratings above 7

$$\{P \mid \exists S(\ S \in \text{Sailors} \wedge S.\text{rating} > 7 \wedge P.\text{name}{=}S.\text{name} \wedge P.\text{age}{=}S.\text{age}\ )\ \}$$

P has 2 fields because these are the only two fields mentioned
and P not constrained as $\in$ some relation.

compare:

$$\{< N, A >\mid \exists I, T(\ < I, N, T, A > \in \text{Sailors} \wedge T > 7\ \}$$