# Lecture: Monad and Adjunctions 

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Moral 1 Monads are "shadows" of adjunctions!
Moral 2 If $(T, \mu, \eta)$ is a monad on $\mathcal{C}$, then $T a$ is a generalized space associated with $a ; \mu_{a}$ is a degeneralization morphism; $\eta_{a}$ is a canonical embedding of $a$ into the generalized space $T a$.

Moral 3 Morphisms in the Kleisli category $\mathcal{C}_{T}$ are generalizations of morphisms in the base category $\mathcal{C}$.

More precisely, every adjunction gives rise to a monad, and every monad gives rise to (multiple) adjunctions.

Definition 1. Let $\mathcal{C}$ be a category. A monad on $\mathcal{C}$ is a triple $(T, \mu, \eta)$ where $T: \mathcal{C} \rightarrow \mathcal{C}$ is an endofunctor, $\mu: T^{2} \Rightarrow T$ and $\eta: i d_{\mathcal{C}} \Rightarrow T$ are natural transformations such that the following two diagrams commute:


Theorem 1 (Adjunction $\Rightarrow$ Monad). Given

$$
\mathcal{C} \overbrace{K}^{\frac{F}{G}} \mathcal{D}
$$

$(G F, G \epsilon F, \eta)$ is a monad on $\mathcal{C}$.
Proof. The associative diagram for $G \epsilon F$ is a special case of horizontal composition of natural transformations:

$$
\mathcal{C} \xrightarrow{F} \mathcal{D} \xrightarrow[i d_{\mathcal{D}}]{\stackrel{F G}{\longrightarrow}} \mathcal{D} \xrightarrow[i d_{\mathcal{D}}]{\stackrel{F G}{\longrightarrow}} \mathcal{D} \xrightarrow{G} \mathcal{C}
$$

The unit diagram for $\eta$ follows from triangle equalities:

where

$$
G \epsilon_{F c} \cdot \eta_{G F c}=\left(G \epsilon \cdot \eta_{G}\right)_{F c}=\left(i d_{G}\right)_{F c}=i d_{G F c}
$$

and

$$
G \epsilon_{F c} \cdot G F \eta_{c}=G\left(\epsilon_{F c} \cdot F \eta_{c}\right)=G\left(i d_{F}\right)_{c}=i d_{G F c}
$$

Definition 2. Let $(T, \mu, \eta)$ be a monad acting on $\mathcal{C}$. The Kleisli category $\mathcal{C}_{T}$ is the category with $o b \mathcal{C}_{T}=o b \mathcal{C}$ and a morphism $f: a \rightsquigarrow b$ in $\mathcal{C}$ is a morphism $f: a \rightarrow T b$ in $\mathcal{C}$. Compositions are given by

$$
\begin{aligned}
& a \xrightarrow{f} \mathrm{~m} \\
& b \xrightarrow{g} \mathrm{~g} \\
& \\
& a \xrightarrow{f} \mathrm{~Tb} \xrightarrow{T_{g}} T^{2} c \xrightarrow{\mu_{c}} T c
\end{aligned}
$$

The Eilenberg-Moore category $C^{T}$ (also known as the category of free $T$-algebras) is the category with objects ( $a, h$ ), where $h: T a \rightarrow a$ is a structure morphism that makes the following two diagrams commute,

and morphisms $f:(a, h) \rightarrow(b, k)$ that makes the following diagram commutes in $\mathcal{C}$ :


Theorem 2 (Monad $\Rightarrow$ Adjunction). Let $(T, \mu, \eta)$ be a monad acting on $\mathcal{C}$. Then there are adjunctions $F^{T}, G^{T}, F_{T}, G_{T}$ such that the following diagram commutes


Proof. We define $F_{T}, G_{T}$ as follows:


Check:

$$
\left(G_{T}\left(F_{T} f\right)\right)=G_{T}\left(\eta_{b} \cdot f\right)=\mu_{b} \cdot T\left(\eta_{b} \cdot f\right)=\left(\mu_{b} \cdot T \eta_{b}\right) \cdot T f=T f
$$

Moreover, there is a natural bijection between $\mathcal{C}_{T}\left(F_{T} a, b\right)=\mathcal{C}_{T}(a, b)$ and $\mathcal{C}\left(a, G_{T} b\right)=\mathcal{C}(a, T b)$. In fact, in this case, the bijection is an "equality" given how the morphisms in $\mathcal{C}_{T}$ are defined.

In particular, we note that the counit $\epsilon_{T}$ at $b$, which is a morphism from $F_{T} G_{T} b=T b$ to $b$ in $\mathcal{C}_{T}$, just is $1_{T b}$.

Now as for the Eilenberg-Moore category, we define $F^{T}$ and $G^{T}$ as follows,


Let $\epsilon_{(a, h)}=h$. We leave it as an exercise to check that $\epsilon$ so defined is indeed a natural transformation from $F^{T} G^{T}$ to $i d_{\mathcal{C}^{T}}$. We check that $F^{T} \dashv G^{T}$ by showing that $\eta$ and $\epsilon$ satisfy the triangle equalities.

$$
\begin{array}{r}
F^{T} a=\left(T a, \mu_{a}\right) \stackrel{F^{T} \eta}{\longrightarrow} F^{T} G^{T} F^{T} a=\left(T^{2} a, \mu_{T a}\right) \\
F^{\downarrow} a=\left(T a, \mu_{a}\right)
\end{array}
$$

which commutes by the associative square of $\mu$.
Similarly,

$$
\begin{array}{r}
G^{T}(a, h)=a \xrightarrow{a \eta G^{T}=\eta} G^{T} F^{T} G^{T}(a, h)=T a \\
\mathfrak{V}^{T}(a, h)=a
\end{array}
$$

which commutes by the fact that $h$ is the left inverse of $\eta_{a}$.
Lastly, if $\mathcal{C}$ is a category, let $\operatorname{Adj}_{T}(\mathcal{C})$ be the category of adjunctions whose objects are fully specified adjunctions and morphisms are adjunctions transformations. We show that $\mathcal{C}_{T}$ and $\mathcal{C}^{T}$ are respectively the initial and terminal objects in this category, in the following sense:

Theorem 3. Let $(T, \mu, \eta)$ be a monad acting on $\mathcal{C}$. If $F: \mathcal{C} \rightarrow \mathcal{D}$ and $G: \mathcal{D} \rightarrow \mathcal{C}$ is an adjunction that gives rise to this monad, then there is a unique functor $K: C_{T} \rightarrow \mathcal{D}$ and $L: \mathcal{D} \rightarrow \mathcal{C}^{T}$ such that the following diagram commutes:


Proof. The left triangle commutes just in case the following squares commute:


Now the commutativity of the right square forces

$$
K F_{T} a=K a=F a, \quad \forall a: o b \mathcal{C}
$$

Moreover, note that

$$
\mathcal{C}_{T}(a, b)=\mathcal{C}(a, T b)=\mathcal{C}\left(a, G_{T} F_{T} b\right)=\mathcal{C}\left(a, G K F_{T} b\right) \cong \mathcal{D}\left(F a, K F_{T} b\right)=\mathcal{D}\left(K F_{T} a, K F_{T} b\right)
$$

Recall that if $F \dashv G$, then

$$
\begin{array}{ll}
\mathcal{C} & a \xrightarrow{f} G K F_{T} b \\
\mathcal{D} & F a \xrightarrow{F f} F G K F_{T} b \xrightarrow{\epsilon_{K F_{T}} b} K F_{T} b
\end{array}
$$

But $\epsilon_{K F_{T} b}=\epsilon_{F b}$. So $K f=\epsilon_{F b} \cdot F f$.
Hence $K$ exists and is unique.
Now the right triangle commutes just in case the following squares commute:


Since $G_{T}$ is the projection functor, the commutativity of the left square forces

$$
L d=\left(G d, \gamma_{d}\right), \quad \forall d: o b \mathcal{D}
$$

We verify that $\gamma_{d}=G \epsilon_{d}$. By previous observation, we know $\gamma_{d}=\epsilon_{(G d, \gamma d)}^{T}=\epsilon_{L d}^{T}$. By the triangle inequality $G \epsilon \cdot \eta_{G}$, we have


Therefore, $\gamma_{d}=G \epsilon_{d}$. On morphisms, since $L G^{T}=G$, we have $L f=G f$, which one can verify is indeed a a structure morphism.

Example 1 (Powerset Monad). Consider the powerset monad $(\mathcal{P}, \mu, \eta)$ on Set defined by

$$
\begin{aligned}
& \mu_{X}: \mathcal{P} \mathcal{P} X \rightarrow \mathcal{P} X \quad S \mapsto \bigcup S \\
& \eta_{X}: X \rightarrow \mathcal{P} X \quad x \mapsto\{x\}
\end{aligned}
$$

This gives content to our Moral 2: $\mathcal{P} X$ is a "generalized set" associated with $X ; \mu_{X}$ de-generalizes $\mathcal{P} \mathcal{P} X$ to $\mathcal{P} X$ by collapsing the set-brackets; $\eta_{X}$ embeds $X$ into $\mathcal{P} X$.

The crucial observation is that $\operatorname{Set}_{\mathcal{P}}$, the Kleisli category of the powerset monad, is the category of sets with relations!

Here is a short argument why:

$$
\begin{aligned}
\operatorname{Set}^{\mathcal{P}}(X, Y) & =\operatorname{Set}(X, \mathcal{P} Y) \\
& =\operatorname{Set}(X, \operatorname{Set}(Y, 2)) \\
& =\operatorname{Set}(X \times Y, 2) \\
& =\mathcal{P}(X \times Y)
\end{aligned}
$$

So morphisms in $\operatorname{Set}^{\mathcal{P}}$ are precisely set-theoretic relations!
Example 2 (Giry Monad). Recall that the Giry monad is the triple $(\mathcal{M}, \mu, \eta)$ on Meas where

- $\mathcal{M}$ sends each measurable space $(X, \mathcal{F})$ to the measurable space of its probability measures, i.e. $\mathcal{M}(X)=\{v: v$ is a probability measure on $X\}$.
(Crash course on measure theory for those who are keen) A measurable space is a set $X$ endowed with a $\sigma$-algebra $\mathcal{F}$, where $\mathcal{F}$ is a field of subsets of $X$ (subsets that are "measurable") such that $\mathcal{F}$ contains $\varnothing$ and is closed under complementation as well as countable union.

Given two measurable space $(X, \mathcal{F})$ and $(Y, \mathcal{G})$, we say a function $f: X \rightarrow Y$ is measurable if $f^{-1}(A) \in \mathcal{F}$ for all $A \in \mathcal{G}$. That is, the preimage of a measurable set under $f$ is also measurable (but $f$ does not need to send a measurable set to a measurable set; in particular, $f(X)$ does not need to be measurable).
Given a measurable space $(X, \mathcal{F})$, the canonical $\sigma$-algebra associated with $\mathcal{M}(X)$ is the coarsest $\sigma$-algebra such that the functions $e v_{A}: \mathcal{M}(X) \rightarrow[0,1]$ given by $e v_{A}(v)=v(A)$ is measurable (with respect to the Borel algebra of $[0,1]$ - the $\sigma$-algebra generated by open intervals in $[0,1])$ for all $A \in \mathcal{F}$.

- $\mu_{X}: \mathcal{M}(\mathcal{M}(X)) \rightarrow \mathcal{M}(X)$ is given by $\pi \mapsto \mathcal{E}(\pi)$, where $\mathcal{E}(\pi)$ is a probability measure on $X$ that assigns each measurable set $A$ the probability $\int_{v \in \mathcal{M}(X)} v(A) \pi(d v)$ - the average probability of $A$ weighted by $\pi$.
- $v_{X}: X \rightarrow \mathcal{M}(X)$ sends each element $x \in X$ to the Dirac measure $\delta_{x}$.

Again our Moral 2 and Moral 3 apply in this example: we can think of $\mathcal{M}(X)$ as a (randomized) generalized space associated with $X ; \mu_{X}$ as de-randomization, and $v_{X}$ as a canonical embedding of $X$ into its stochastic generalization (where elements in $X$ correspond to deterministic measures).

The Kelisli category of this monad is rather beautiful. Note that morphisms in Meas $\mathcal{M}^{\mathcal{M}}$ are measurable functions $Q: X \rightarrow \mathcal{M}(Y)$. Alternatively (by currying), we can think of $Q$ as as a two-place function that takes $(x, A)$ as input (with $x \in X$, and $A$ a measurable set in $Y$ ), and returns a probability. This is precisely the conditional probability function (just rewrite $Q(x, A)$ as $Q(A \mid x)$ ). So morphisms in Meas $\mathcal{M}_{\mathcal{M}}$ are also called Markov kernels or transition probabilities, and Meas $\mathcal{M}_{\mathcal{M}}$ is often referred to as the stochastic category Stoch.

In particular, it is not hard to see that the terminal object in $\operatorname{Meas}_{\mathcal{M}}$ is $(1,\{\varnothing, 1\})$. Morphisms $P$ : $1 \rightsquigarrow X$ in Meas $\mathcal{M}_{\mathcal{M}}$ are, according to the proposed interpretation, conditional probabilities $P(. \mid 1=1)$. But since there is no stochasticity associated with $1=1$, these are indeed the unconditional probability measures defined on $X$ ! So this gives us an alternative perspective on probability theory: probability measures on $(X, \mathcal{F})$ are morphisms from 1 to $X$ in Meas $\mathcal{M}_{\mathcal{M}}$. Moreover, just as we can think of settheoretic elements as injective functions $f: 1 \rightarrow X$ in Set, we can also think of probability functions $P: 1 \rightsquigarrow X$ as stochastic elements in $X$ !

